



CASHEW CREAM CHEESE

150G

NUTRITION INFORMATION			
Servings per package: 5			
Serving size: 30g			
	Average Quantity per Serving	% Daily Intake (per Serving)	Average Quantity per 100g
ENERGY	542kJ (130Cal)	6%	1810kJ (432Cal)
PROTEIN	4.2g	8%	13.9g
FAT, TOTAL	10.9g	16%	36.2g
- SATURATED	1.6g	7%	5.4g
CARBOHYDRATE	3.5g	1%	11.6g
- SUGARS	1.2g	1%	4.1g
SODIUM	37mg	2%	124mg
GLUTEN	0.0mg		0.0mg
Percentage Daily Intakes are based on an average adult diet of 8700 kJ. Your daily intakes may be higher or lower depending on your energy needs.			

Ingredients: Raw Cashew (50%), Water, Canola Oil, Yeast Flakes, Lemon Juice, Garlic, Apple Cider Vinegar, Sea Salt, Preservative (Sorbic Acid), Antioxidants (Citric Acid).

Allergen Advice: Contains Tree Nuts,
May contain Soy, Nuts & Sesame Seeds