



# CASHEW PARMESAN

70G

<b>NUTRITION INFORMATION</b>			
Servings per package: 10			
Serving size: 7g			
	Average Quantity per Serving	% Daily Intake (per Serving)	Average Quantity per 100g
ENERGY	159kJ (38Cal)	2%	2270kJ (543Cal)
PROTEIN	1.6g	3%	22.5g
FAT, TOTAL	2.9g	4%	41.5g
- SATURATED	0.5g	2%	7.4g
CARBOHYDRATE	1.2g	0%	17.7g
- SUGARS	0.4g	0%	6.2g
SODIUM	38mg	2%	547mg
GLUTEN	0.0mg		0.0mg
Percentage Daily Intakes are based on an average adult diet of 8700 kJ. Your daily intakes may be higher or lower depending on your energy needs.			

**Ingredients:** Raw Cashew (84%), Yeast Flakes, Garlic Salt, Sea Salt.

**Allergen Advice:** Contains Tree Nuts,  
May contain Soy, Nuts & Sesame Seeds